



*Lighthouse
Behavioral Health
& Wellness Center*

Therapeutic Training and Support Job Description

Lighthouse Behavioral Health and Wellness Center was created in 2017 to provide behavioral healthcare services to members of the community informed by up-to-date, bona fide research on factors that contribute to positive outcomes in psychotherapy.

Therapeutic Training and Support staff member (TT&S) works in a team with a master's Level Clinician. Their services can be in the home, school, or community to respond directly to the family and youth in their own environment and will serve to expedite wellness and recovery. Treatment is a strength-based model that identifies child and family strengths.

The In-Home Therapy team works with the family to develop a comprehensive assessment with a solution-focused Individualized Action Plan (IAP). A risk management/safety plan is designed with the family to help identify triggers and risk factors while defining useful interventions to reduce the risk of harm to self or others.

The TT&S's roles in the In-home therapy team is to provide case management and skill building needs to the family while working in conjunction with the Master's Level therapist.

Our Therapeutic Training and Support staff services are for youth under the age of 21 who have any Mass Health insurance.

Job Description:

- Assist the In-Home Therapist in implementing the therapeutic objectives of the treatment plan to address the youth's social, behavioral, and emotional needs.
- Assist in developing and supporting an effective risk assessment and safety plan with youth and family.
- Assist youth and caregivers in building various coping, life, social, behavior, and emotion management skills.
- Provide education and practice in emotional identification, behavior management, and coping skills coaching.
- Model positive interactions with youth and family to enhance problem-solving, limit-setting, safety planning, communication, and skill building to strengthen family relationships.
- Attend in-service training's as required.
- Assist in developing initial and ongoing teamwork with family members, formal providers, natural supports, and others who can support sustainable progress.
- Attend and/or travel to meetings/ appointments in various locations.
- Maintain paper and electronic records in an orderly and timely manner.
- Participate in weekly supervision.
- If youth is enrolled in Intensive Care Coordination, participate in all care planning meetings and processes for the youth.



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- Follow through with on-call policies and procedures.
- Attend agency orientation and all required trainings.

Job Requirements

- Bachelor's degree in psychology or a related field with at least 1 year of experience working with youth and families
- A valid Massachusetts driver's license with willingness to drive 70% of the time
- Daily access to a working, registered and insured vehicle (in your name)
- Excellent in both written and verbal communications.
- Ability to independently plan and organize one's own schedule and activities.
- Knowledge of basic Microsoft computer systems and an understanding of the internet
- Strong time management skills and origination skills.
- Applicant is required to own a vehicle that is registered under their name and be a licensed operator in Massachusetts.

This is a great opportunity for someone looking to expand their knowledge and/or pursue higher education in the field of mental health and social work. Be a part of an experienced, energetic and supportive team. Evening & weekend coverage is required. Schedule is flexible depending on your availability and that of the client/family.